

Making Henna

Makes 6-8 small cones

Needed: henna powder, eucalyptus oil, lemon juice, airtight container, cellophane paper or piping bags and tape.

- Combine 6 tsp. of henna powder and 2 tsp. of eucalyptus oil and mix well.
- Add lemon juice, as needed, to make a paste. Mixture needs to be thick but not so thick it does not naturally fall off the spoon.
- You determine how thick you want the paste, but make the paste more firm than soft.
- Leave paste in an airtight container for six hours in a warm place. Then it is ready to make into cones.

To make cones, cut paper into pieces 6 inches long and 4½ inches wide. Roll each piece into a cone shape. Put ¾ tsp. of henna paste into one cone. Fold down the opening and tape closed. Cut tip if needed. Squeeze cone for paste to come out.

Henna cones can be kept in the freezer for one month.

If you do not wish to make the cones, search for them on the Internet or at a local Indian store.

